

POST - OPERATIVE INSTRUCTIONS

- Prior to your procedure you were given a sedative. The sedative will normally make you feel quite pleasant and relaxed. However, you should not drive, operate machinery or drink alcohol for 24 hours after your procedure.
- You will need somebody to accompany you home and to stay with you for 24 hours until the effects have fully worn off. Most people are able to resume normal activities after 24 hours.
- You are free to resume a normal diet and maintain normal fluid intake as tolerated following your procedure.
- You can resume normal activities once comfortable, with exception of the above mentioned restrictions.

Follow-up

- Around 1 – 2 weeks post your procedure you will have a review appointment with your surgeon. WPRS staff will have attached an appointment card to this handout advising you of this. If you haven't received a card or appointment, please contact the WPRS rooms on (03) 5562 5330.

If you have any concerns please contact WPRS on (03) 5562 5330.

- Within clinic hours your call will be transferred to clinical nurse and managed appropriately.
- After hours you may leave a message or your call will be diverted to the on-call Surgeon.

In the unlikely event you are unable to contact staff at WPRS please call St John of God Hospital, Warrnambool on (03) 5564 0600.